



3800 Coolidge Avenue ♦ Oakland, California 94602-3399 ♦ 510-482-2244 ♦ FAX: 510-842-0406

A century of serving children

MENTAL HEALTH THERAPIST (Community Mental Health)

**Full –Time
Oakland, CA**

Who We Are:

For more than a century, Fred Finch Youth Center has served youth and their families in the East Bay. Today we also serve communities on the peninsula, in Solano County and San Diego County. Our clients include children, adolescents, and young adults who face varied and often multiple challenges. Many are transitioning from foster care into the adult world. Many have an emotional disturbance or mental illness. Some have both a mental illness and a developmental disability. All are economically impoverished. Most have experienced, abuse, neglect, trauma or lack of adequate health care or educational resources. To enhance the strengths and assist with the challenges of each individual, we provide a wide variety of services in several types of settings: specialty residential treatment; special education; vocational services; transitional housing; individual, group and family therapy and counseling. Services are provided in the community, in schools, in homes and at our sites.

Position Summary:

Mental Health Therapist position in our **Alameda County In Home Crisis Stabilization and Therapeutic Behavioral Services** programs open with preference for Spanish Speaking Therapist. Therapist will provide community based, intensive services, including individual and family therapy.

We have developed a **solution focused, strengths based approach** to working on high risk behaviors with clients and families in their homes, as the behaviors occur, to help coach them in practicing their new skills with one another. We look for objects, actions, or thoughts that they can use to self soothe instead of repeating their problematic behaviors. We analyze their behaviors as a form of communication when we do our functional analysis and interpret their behaviors as a way of getting more of something (attention) or avoiding something (social anxiety or limit setting). We will create a safety plan that includes the clients and their caregivers with concrete strategies on what to do to de-escalate conflicts in the home. We use **cognitive behavioral approaches; teach parents use of positive reinforcement and natural consequences; creative therapy interventions; filial therapy approaches; and trauma focused family interventions**.

Requirements:

1. MSW or MA in Counseling, Psychology, or Social Work from an accredited college or university required.
2. Registered intern or associate with the Board of Behavioral Sciences required.
3. Licensed MFT or LCSW preferred.
4. At least two years post-graduate experience in clinical work with at-risk youth preferred.
5. Clean driving record and current CA driver's license required.
6. Demonstrated ability to work independently and as part of a collaborative treatment team.
7. Must be available flexible hours including, evenings and weekends as necessary.

How to Apply:

Please apply to this link: <https://home.eease.com/recruit/?id=92898> OR fax cover letter and résumé to 510-842-0406. To ensure proper routing of your application, **please specify the position for which you are applying**. Central location: Fred Finch Youth Center, 3800 Coolidge Avenue, Oakland, CA 94602

Compensation:

Competitive, (DOE), PLUS OUTSTANDING FULL BENEFITS - to include medical, dental, vision, retirement / 401(k) plan, paid life insurance, employee assistance program, flexible spending account, and supplemental insurance. Salary percentage increase added with demonstrated command of the Spanish language.

EEO/AA:

FFYC is proud to be an equal opportunity employer; all applicants will be given full consideration under state, local, and federal law. Visit our website at www.fredfinch.org. This is at a non-profit organization. No relocation assistance available.