

### Philosophy

The Wraparound approach is rooted in collaboration with youth and their families. Families are at the center of all plans, which are developed with their input, strengths, and goals in mind. We strive to instill hope and encourage families throughout their journey toward improvement. Family involvement and easy access to services are core principles of the EBW program. With every family, we aim to ensure:

- Voice and Choice Youth and families actively share their opinions, thoughts, concerns, and questions to guide all planning.
- Easy Access to Services Staff meet with youth and families at convenient locations and times, promptly return calls, and utilize telehealth as needed

#### Contact

To initiate a referral, please contact: Nicole Austin, LMFT, Program Director

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### EAST BAY WRAPAROUND

East Bay Wraparound (EBW) - Kaiser supports youth in building safe relationships, developing coping strategies, and connecting caregivers and youth to community resources. The program's primary goal is to promote home stability, enabling families to create and maintain a healthy living environment through individualized, family-driven plans.

The EBW team includes professionals such as a Care Coordinator, Behavior Specialist, Youth Partner, and Parent Partner—both of whom bring lived experience relevant to the challenges faced by participants. Services are provided at convenient community locations based on family preference. Families also have access to on-call clinicians during crises.

## Services

Our staff offers a comprehensive spectrum of support to participating youth and their families, which may include:

- Community-based, in-home individual and/or family therapy
- In-home behavioral support
- Case management, including connecting participants and families to other resources
- Psycho-education
- Peer and family support
- Crisis intervention
- Intensive care coordination
- Child and Family Team meetings
- On-call crisis support 24/7

# Eligibility

EBW serves youth and young people (ages 6–18) who meet the following criteria:

- Are Kaiser members
- Reside within a 10-mile range of the Fred Finch office on Coolidge Ave
- Have a mental health diagnosis, or both a developmental disability and a mental health diagnosis
- Are experiencing significant crises and/or behavioral challenges that jeopardize their living situation



