

# Specialized Wraparound



Specialized Wraparound is a family-centered, community-based program designed to support youth and families with behavioral and mental health needs. The program provides modeling, coaching, and direct support to help youth and caregivers implement mental health and behavioral strategies to meet their goals.

Using a strength-based, comprehensive approach, Specialized Wraparound collaborates with families to address caregiving challenges while fostering sustainable safety, resiliency, and stability at home and in the community.

Through partnerships with academic and community-based providers, the program helps participants generalize success across different settings. It also assists families in enhancing support systems, accessing resources, and developing advocacy skills to promote long-term progress.

# Meet the Specialized Wraparound Team

- Family Partner: Peer support partner with lived experience navigating systems of care, offering resources and advocacy support.
- **Behavioral Counselor:** Offers in behavioral interventions and needs-based support.
- Care Coordinator/Facilitator: Masters or bachelors level mental health clinician, facilitating treatment, offering case management, and therapeutic interventions.
- Board-Certified Behavioral Analyst (BCBA):
   Expert in Applied Behavior Analysis, providing Functional Behavioral Assessment and behavior Intervention treatment planning.
- **Consulting Psychiatrist:** Providing psychiatric evaluations and medication support.
- **Program Director:** Supervising clinical and administrative aspects.
- Senior Director: Overseeing program policy and implementation

### **Contact Us**

Vendors of San Diego and Inland Regional Centers, serving San Diego, Imperial, and Riverside Counties.

For more information or referrals Contact: **Talia Morrison, Program Director**, **\( \lambda \)** (619) 922-1985

Website: <u>fredfinch.org/specialized-wraparound</u> or Scan QR code below

# What is Specialized Wrap?

Specialized Wraparound promotes a team-based approach that "wraps around" the participant and their family. This approach leverages family and community supports to cultivate progress and overall wellness, improving the quality of life for individuals and families.

#### The program includes:

- Behavioral and mental health assessments and interventions
- Psychiatric and medication support
- Coordination of care with families' extended teams

#### Wraparound services focus on:

- Family strengths
- Behavioral and emotional needs
- Sustainable strategies to achieve long-term stability

# Why Use Specialized Wraparound?

- Effective tools to maintain in-home placement or transition to home-like settings for participants in higher levels of care.
- Flexible services provided at times and locations that fit families' schedules.
- A streamlined, family-focused approach uniting professional agencies and services.

## **Benefits of Specialized Wraparound**

- Family Relationship Improvements: Enhanced cooperation and routines.
- School Success: Positive academic outcomes.
- Reduced Placements: Fewer hospitalizations and out-of-home transitions.
- Cost Efficiency: Lower long-term expenses.



